

Acrostic Name

GRADES

4-8

TIME

10 – 15
minutes

TOPIC

Self Esteem

SPACE

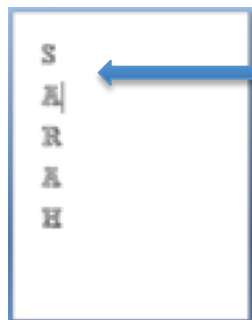
Classroom

MATERIALS

- Writing tool for each student
- Paper for each student

OUTLINE

1. Have students “mill and fill” a page with their name written on it.
2. You can have students write their name on the centre of the page or along the left margin.
3. When the cue to stop milling and start filling occurs, students stop and write one **positive comment/ thought** on the page of the person nearest to them.



i.e.
Smart
Active...