

B-I-N-G-O

GRADES

4-8

TIME

15 minutes

TOPIC

Self Esteem
Social Comparison

SPACE

Any

MATERIALS

- BINGO/Scavenger Hunt cards for each student
- Writing utensils

OUTLINE

1. Using the BINGO cards like a scavenger hunt, allow students to mill around and find students that will sign their name in the box that applies to them.
2. Use identifiers like “can cook spaghetti”, “has a pet”, “likes to laugh”, “knows how to swim”, “has a brother”.
3. Encourage students to talk to each other (especially students they may not know that well in the classroom).
4. To make it more challenging, require more names per page or make the identifiers more specific (i.e., has one sibling 2 years younger).
5. In this lesson, it is important to focus on identifiers other than size and shape.