

Music Videos

GRADES

7-8

TIME

15+ minutes

TOPIC

Defining Health
Media Literacy

SPACE

Classroom

MATERIALS

- Technology to play a video (preferably on a large projection screen so that every student can easily see it).
- Discussion Starters

OUTLINE

1. Choose a body positive music video that you feel will open the dialogues of the lesson you want to teach.
2. Allow students to watch the video once, with no comments, just questions.
3. After they have seen it once, challenge them to re-watch the video though different “lenses” (i.e., looking for specific implied/overt messages about: health, reality, healthy relationships, stereotypes).

Some proposed music videos are: Lady Gaga- Born This Way, Pink- Perfect, Christina Aguilera- Beautiful, One Direction- Don't Know You're Beautiful, Rhianna- Love The Way You Lie.

*Different videos cover different themes; some require a more mature audience. Please preview the clips and decide what you feel is appropriate.